



DOCTOR'S OFFICE:

- NOTE: Testing is limited by location and purpose of investigation. Please see below.
- **PLEASE INDICATE TO PATIENT WHICH INSTRUCTIONS TO FOLLOW**
 - POST VASECTOMY
 - FERTILITY INVESTIGATION

POST VASECTOMY

Limited to the following locations, days of the week, and times:

Vernon: Not available at VML. Call Vernon Jubilee Hospital for instructions.

Kelowna: Main Laboratory ONLY, 105-537 Leon Avenue.
Sample must be delivered before 2 pm Monday to Friday.

Penticton: Main Laboratory ONLY, 302-383 Ellis Street.
Sample must be delivered before 2 pm Monday to Friday.

Osoyoos: Not available at VML. Call South Okanagan General Hospital for instructions.

FERTILITY INVESTIGATION

Limited to the following locations, days of the week, and times:

Vernon: Call Vernon Jubilee Hospital for instructions.

Kelowna: Main Laboratory, 105-537 Leon Avenue ONLY.
Sample must be delivered before 2 pm Monday to Friday.

Penticton, Osoyoos: Call Penticton Regional or South Okanagan General Hospital for instructions.

Patient Instructions (for specimens to be analyzed at Valley Medical Laboratories):

- Do not ejaculate for 48 hours prior to collection, but do not abstain from ejaculation for more than 7 days before collecting the specimen.
- By masturbation ejaculate the **ENTIRE** specimen into the container provided by the laboratory.
- **DO NOT USE** any other container, condom, or lubricant of any kind.
- Print your **name** and the **date** and **time** of collection on the container.
- If for post-vasectomy, print the date of vasectomy on the container.
- Keep the specimen as near to body temperature as possible until delivery to the laboratory.
- Deliver the specimen to the laboratory within 60 minutes of collection, and according to:
 - » the type of analysis (post-vasectomy or fertility investigation), and
 - » the laboratory location and acceptable delivery days and times.